

FOREST FEST

RADOBOJ, 12 – 14 JUNE 2026

Organizers: Snaga šume / Forest Power and the Radoboj Municipality

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The **Radoboj Municipality**, in cooperation with the **Snaga šume / Forest Power association** is once again organising the annual **ForestFest Radoboj**, which promotes forest bathing as a natural health factor.

This year, we are celebrating Radoboj since it has become a new health tourism destination. By a decision of the Ministry of Health, the Poliderma Polyclinic has become an authorized health institution for providing medical wellness with a holistic approach, specifically regarding forest bathing.

The collaboration between the Forest Power expert team and medical doctors from the **Poliderma Polyclinic** resulted in the creation of joint medical wellness programs.

In addition to a professional conference which will be held on 12 June 2026, starting at 10 AM, the following two days will offer plenty of content – workshops revolving around forest bathing, suitable for all age groups: **forest bathing, forest pedagogy, sound baths, Qi gong, mandala making using natural materials, herbal tea preparation using plants from the Strahinjčica mountain**, and a special event, **“Jumping Over Leather”** as a tribute to Radoboj’s rich mining heritage.

On Saturday, 13 June, a professionally guided tour titled **“Paths of Orchids”** will take place (prior registration required). During ForestFest, all visitors will have the opportunity to join guided group tours of the **Radboa Museum, the House of Vine and the Zagorje Nature Centre**.

In addition to a **classical music concert** in the St. Jacob’s chapel (12 June), an entertaining performance by the band **Evergreen** (13 June) will also take place in the late afternoon.

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12 JUNE 2026

The professional conference “Medical Wellness/Significance: **Forest Bathing as a Unique Practice and Natural Factor in a Holistic Approach to Health Tourism**” will start at 10 AM.

Following the opening remarks and an introduction on the importance of health tourism by the representatives of the Ministry of Health and the Ministry of Tourism, the following presentations will take place:

- Prof. **Won Sop Shin**, PhD / Korea - Chungbuk National University Korea, Chair of Korea Forest Therapy Forum / **Public Health Delivering Strategy with Therapeutic Forests in Korea**
- **Vida Demarin**, academician
- **Darija Cviki**, PhD, Vocational College for Hospitality, Bled - VSŠ Bled / Slovenia. Secretary of ISFT / International society of Forest Therapy / **When the Forest Heals: Therapeutic Forest activities in Tourism Practice**
- **Melissa Lem**, PhD, Clinical Assistant Professor, University of British Columbia Faculty of Medicine, and Co-Founder, PaRx Canada / **Prescribing Nature for Patient and Planetary Health**
- **Maurizio Droli**, PhD / Italy - Eco & Salute Co - Op / Ecosystem services for human health: **Enlightening the information pandemic occurring in the Forest Therapy research field**. Friuli Venezia Giulia.
- Lorena Bašan, PhD / Croatia – Faculty of Tourism and Hospitality Management, Opatija / **Realising the Potential of Forest Therapy: Evidence-Based Pathways for Health Tourism Development**
- **Natko Beck**, PhD / Croatia - HOOD Association
- **Dinko Kaliterna**, PhD / Croatia - Poliderma Polyclinic / **Aging as a disease**
- **Dijana Hršak**, MSc / Croatia – Zagorje zeleno Public Institution / **Forest biodiversity**



13 June 2026

Various workshops will be held, starting at 10 AM and ranging from forest bathing to the “Jump Over the Leather” ceremony. The full schedule will be announced at a later date. Special professionally guided walk along the trail “Paths of Orchids”.

19:00 Evergreen band



14 June 2026

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