

FOREST FEST

RADOBOJ, 9 - 11 MAY 2025

In addition to a rich cultural program and workshops, we announce
NATURE AND HEALTH: An expert conference on medical wellness,
forest bathing and natural healing factors.



ORGANIZERS: SNAGA ŠUME / FOREST POWER & MUNICIPALITY OF RADOBOJ

FRIDAY, 9 MAY 2025

9:00 AM - 2:00 PM

Art colony in Radoboj

EXPERT PANEL

Opening ceremony with welcome speeches

- **9:30 AM - ForestFest manifestation presentation** (Anđelko Topolovec, Head of Radoboj Municipality)
- **10:00 AM - “Forest Power” platform presentation** (Jasna Vukas, association President and Danijela Medaković, internationally accredited forest bathing (Shinrin yoku) coach and nature therapy practitioner)
- Guest partner: International School of Social and Business Studies from Celje, Slovenia
- ***10:00 AM – 2:00 PM - presentations by invited speakers**
 - Prof. Won Sop Shin, PhD, Chungbuk National University of Forest Science, Korea
 - Asst. Prof. Darija Cviki, PhD, International School for Social and Business Studies, Slovenia
 - Prof. Laura Secco, PhD, TESAF University, Padua, Italy
 - Dijana Vuletić, PhD, Croatian Forest Research Institute, Jastrebarsko, Croatia
 - Stefani Frech, PhD, BioCon Valley, Germany
 - Dijana Hršak, M. Agr., Public Institution for the Protection of Nature of the Krapina-Zagorje County, Croatia
 - Velibor Drakulić, PhD, Ministry of Health of the Republic of Croatia
 - Chief Physician Ljiljana Fodor Đurić, MD, Fodor Polyclinic - Fodor Medical Group, Zagreb, Croatia
 - Jadranka Roša, M. For., PhD

10:00 AM - 11:30 AM

Forest pedagogy workshop and telling mythical tales related to forest (Mountain Lodge in Radoboj)

2:30 PM - 3:30 PM

Lunch for the conference and art colony participants (the House of Zagorje Štruklji)

3:30 PM

Forest bathing workshop for all ages in two locations (Mountain Lodge in Radoboj and Hunting Lodge in Radoboj)

3:30 PM - 5:00 PM

Forest pedagogy workshop and telling mythical tales related to forest (Mountain Lodge in Radoboj)

3:30 PM - 4:30 PM

Radoboj area souvenir-making workshop (Radboa Museum)

4:30 PM - 5:30 PM

Meditation and sound bath (Mountain Lodge in Radoboj and Hunting Lodge in Radoboj)

5:00 PM - 6:00 PM

Children's play Čeh, Leh and Meh (Radboa Museum)

6:30 PM - 7:30 PM

Classical music concert “Navrh brega” (At the Top of the Hill) at St. Jacob's Chapel (Gorjani Sutinski, Radoboj)

8:00 PM - 10:00 PM

The Fun Duo: Janke and Marke (Mountain Lodge in Radoboj)

9:00 AM - 4:00 PM

You can visit the Radboa Museum and the Vine House free of charge.

SATURDAY, 10 MAY 2025

10:00 AM - 4:00 PM

Forest bathing workshop for all ages in two locations (Mountain Lodge in Radoboj and Hunting Lodge in Radoboj)

12:00 PM - 1:00 PM

Forest bathing following Qigong breathing exercises - meditation and posture (Mountain Lodge in Radoboj)

12:00 PM - 1:00 PM

Qigong for anyone who wants to learn more about the skill - special workshop on breathing, meditation and posture exercises (Mountain Lodge in Radoboj)

1:00 PM - 2:00 PM

Yoga workshop
Mountain Lodge in Radoboj

1:00 PM - 5:00 PM

Apl-Inhalations from a beehive
(Radoboj 163a)

2:00 PM - 4:00 PM

Hidden treasure hunt - For children and youth
(We meet in front of the Radboa Museum and the Vine House)

3:00 PM - 4:00 PM

Bee-keeping class - "sweet" workshops and a class on the Importance of bees for the ecosystem (in front of the Radboa Museum and the Vine House)

4:00 PM

Expert guidance along the trail "Path of Orchids"
(Hunting Lodge in Radoboj)

6:30 PM - 8:00 PM

Evergreen Trio Concert
(Mountain Lodge in Radoboj)

CONCERT BY VATRA

SUNDAY, 11 MAY 2025

10:00 AM - 3:00

Forest bathing workshop for all ages in two locations (Mountain Lodge in Radoboj and Hunting Lodge in Radoboj)

12:00 PM - 1:00 PM

Special forest bathing for persons with special needs
(Mountain Lodge in Radoboj)

3:00 PM - 5:00

Aromatherapy workshops
(Mountain Lodge in Radoboj)