



# ForestFest

## RADOBOJ

LIPANJ / JUNE 14.-16. 2024.

Opening on 14 June at  
5:00 p.m. with music  
and majorettes in the  
very heart of the town.



**The Radboa Museum, the Vine House, and the House of Štruklji** are open from 10:00 a.m. to 6:00 p.m. every day, except for the House of Štruklji on 15 June, which is then open from 1:00 p.m. to 4:00 p.m. due to a reception for the professional conference participants.

**Homestead stands** with their offers at selected locations during the three days.

- **Forest bathing** for different ages, in foreign languages if needed, starting at 11:00 a.m. at both locations: Podstenje and the Mountain Lodge. Each lasting 2 hours. A group meeting at 5:00 p.m. at the Mountain Lodge to exchange experiences.
- **Art therapy from 5:00 p.m.** onwards for the forest bathing participants by arrangement

In the meantime, you can visit the **Radboa Museum, the Vine House and the House of Štruklji.**

- **10:00 a.m., forest pedagogy for children** – we meet at the Mountain Lodge
- **11:00 a.m., a Mining Story** – the search for hidden coal for all ages in the forest next to the Mountain Lodge – the finder wins a prize after jumping over a skin, which indicates admission into the mining class
- **12:00 p.m.**, a programme for biologists and young foresters, various activities – animations in the forest above the Hunting Lodge
- **4 p.m. – 6 p.m. The path of orchids** with expert guidance
- **4 p.m. – 5 p.m. Api inhalations** /Radboj 163a – with prior notice to + 385 92 3309 888
- **6:30 p.m., Greenhill Club Big Band concert** – Hunting Lodge in Podstenje/in the open/ – /the band leader who also plays the trumpet is Bruno Baršić, MD, our renowned infectious disease specialist, with Josip Frigan at the piano, Darko Zlopaša playing the double bass, Ana Čehajić on the guitar, and Lidija Vrečar Mišćin as the vocalist

# 15 June

Starting at 9:30 a.m.



- **9:30 a.m. forest bathing** for different ages lasting for 2 hours in Podstenje and near the Mountain Lodge. Group meeting at 3:30 p.m. at the Mountain Lodge to exchange experiences.
- **3:30 p.m.: Art therapy** optional for the forest bathing participants
- **10:00 a.m. – 2:00 p.m. professional conference /Zagorje Nature Centre (Centar Priroda Zagorje) – Radoboj**

## **Green horizons: empowering communities with forest therapy, innovative and sustainable tourism**

- Gisela Immich, PhD, Ludwig Maximilian University of Munich, Germany
- Laura Secco, PhD, TESAF, University of Padua, Italy
- Darija Cvikl, PhD, Higher Vocational College for Hospitality, Wellness and Tourism, Bled, Slovenia
- Maks Udov, MSE, Herbafarm–Magnolija, Zagreb, Croatia
- Marcel Medak, EcS, Director at the Tourist Board of the Bjelovar–Bilogora County, Croatia
- Dijana Hršak, MSAgr, Zagorje Zeleno Public Institution, Radoboj, Croatia
- Dijana Vuletić, PhD, Forest Research Institute, Jastrebarsko, Croatia

A reception for the conference participants from 2:00 to 3:30 p.m. in the House of Štruklji.

- **9:00 a.m. – 1:00 p.m., International MushroomFest** – departure from the Hunting Lodge
- **11:00 a.m. – 12:30 p.m., Qigong in the forest** –we meet at the Radboa Museum
- **3:00 p.m: The path of orchids with expert guidance.**
- **3:00 p.m. – 4:00 p.m.: Children's puppet show** about the local legend of Čeh, Meh and Leh Radboa
- **4:00–5:00 p.m.: Yoga nidra workshop** at the Mountain Lodge with an announcement on +385 92 3309 888
- **5:00 p.m.: Lidija Bajuk – mythical tales with the guitar** near the Mountain Lodge
- **6:00 p.m. – 7:00 p.m., the Church of St. Jacob: Melun Varaždin quartet concert** – all members are professional musicians with additional art and education professions: Filip Eldan – piano, Hrvoje Šenjug – guitar, Jura Herceg – double bass, Neven Mehun – drums
- **8:00 p.m.: Dino Miklaužić concert** near the Hunting Lodge



# 16 June

Starting at 9:30 a.m.



- **9:30 a.m. – 11:30 a.m.: Special forest bathing for persons with special needs**
- **10:00 a.m. – 12:00 p.m.: “The road under our feet” where did our ancestors walk?** Interactive walk through Radoboj’s homeland
- **10 a.m. – 5:00 p.m.: Forest-themed painting colony....**
- **1:00.p.m.– 3:00 p.m. The art workshop** is led Maja Vukina Bogović – announcement at +385 92 3309 888
- **3:30 p.m. – 4 p.m. Wine tasting** led by Goran Rihtar with an announcement on +385 91 725 7685
- **3:00 p.m. – 4:00 p.m.: Children’s puppet show** about the local legend of Čeh, Meh and Leh Radboa
- **Paragliding ball....**during the entire day
- **4:00 p.m. – 5:30 p.m.: Children’s playroom** on a meadow in front of the Hunting Lodge with an animator, forest-themed with NTC animators
- **4:00 p.m. – 5:30 p.m. Face painting** by Ivana Kmetić
- **6:30 p.m.: the Three sopranos ONE concert** at the Hunting Lodge/ Ana Zebić Kostal, Mia Domaćina Topalušić and Mirna Karaula, all three are members of the Croatian National Theatre choir — the programme includes famous arias from operas, operettas, chansons and films the Croatian audience is well-acquainted with

