



## **2nd CROATIAN CONGRESS ON FOREST THERAPY**

**NP KRKA, EKO CENTAR PULJANI September 22 and 23, 2023**

### **9:00 – 10:00 registration of participants**

Congress moderator: Lidija Hanell, Ph.D. environment science

10:00 – 10:30 Opening ceremony and welcome speeches:

representative of organizer of the Congress

representative of Croatian National Tourist Board

representative of Ministry of Tourism and Sport

representative of Ministry of Agriculture and Forestry

representative of Šibenik-Knin county

-

-

### **Plenary presentations:**

**10:30 – 10:50 Prof. Qing Li, Ph.D., M.D.** Professor at the Nippon Medical School, Tokyo, Japan – President of the Japanese Society of Forest Medicine, Director of the Society of Forest Therapy, Vice President and Secretary General of INFOM/International Society of Natural and Forest

### **The new concept of Forest Medicine and Forest Therapy**

10:50 – 11:00 **Prof. Krešimir Rotim, Ph.D. M.D.** – Dean of the University of Applied Health Science in Zagreb

### **Challengers of medicine in 21st century**

11:10 – 11:30 **Prof. Won Sop Shin, Ph.D.** Chungbuk National University of Forest Science, Korea

### **The current association and future of Forest therapy and research in Korea**

11:30 – 11:50 **Prof. Laura Secco, Ph.D.** University TESAF –Padova, Italy

### **GREEN4C project and results**

11:50 – 12:10 **Prof. Melanie Kay Smith, Ph.D.** Metropolitan University Budapest, Hungary

### **Nature and Wellbeing: Implication for Wellness Tourism**

12:10 – 12:30 **Discussion**

12:30 – 14:00 **Lunch**

14:00 – 14:20 **Tomislav Dubravec, Ph.D.** Croatian Forest Research Institute, Jastrebarsko, Croatia

### **Forest of the Republic of Croatia – Gift and Obligation/in the past, present and future**

14:20 – 14:40 **Dawao Joung, Ph.D.** Institute of Agriculture Science Chungnam National University, Korea

### **A study on the improvement of thermal comfort in urban forest by canopy closure**

14:40 – 15:00 **Stefano Ravelli, CEO** at Azienda per il Turismo Valsugana –Lagorai, Laghi, Italy

### **Forest wellness and sustainability as part of a new tourist offer. The case of Valsugana – Trentino, Italy**

15:00 – 15:20 **Dijana Vuletić, Ph.D.** Croatia Forest Research Institute, Jastrebarsko, Croatia

### **Recognition, assessment and management of forest ecosystem services**

15:20 – 16:00 **Questions**

16:00 – 16:30 **Coffee break**

16:30 – 18:00 **Panel: Forest bathing as a new component of Croatia's tourist offer** - Tomislav Dubravec, Ph.D, Stefano Ravelli, CEO, Representativ of the Šibenik-Knin County Tourist Board, Darko Vukelić, M.Sc.,

**September 23, 2023**

10:00 -10:30 **Amos Clifford, founder of ANFT/Association of Nature and Forest Therapy/USA**

**Forest pathways to soul encounters**

10:30 – 11:00 **Anđelko Topolovec** Mayor of Radoboj municipality and **Ivana Hazulin Pospiš, M.Sc.** of history, curator- director of the Museum Radboa, Croatia

**Radoboj - Great natural resources with a rich world cultural heritage**

11:00 – 11:20 **Darija Cviki, Ph.D.** Vocation College of Hospitality, Wellness and Tourism, Bled, Slovenia

**The need for institutionalization of forest therapy tourism practices**

11:20 – 11:40 **Vaishnavi Viswanathan, MBA** Funder of Nature Connections, India, Bangalore. India

**Importance of Forest Therapy for Corporate Leaders**

11:40 – 12:00 **Ljerka Armano, mag.biol., mag.med.techn.** Clinical Hospital Center, Zagreb, Croatia

**Repetitorium First aid in nature/** Manual published by platform Snaga šume /Forest Power

12:00 – 12:20 **Assoc.Prof. Vanja Vasiljev, Ph.D.** School of Medicine University of Rijeka, Croatia

**Mindfulness and Forest Therapy**

12:20 – 12:40 **Vanessa Deotto**, University of Udine, Departement of Agriculture, Food. Environment and Animal Sciences, Italy

**Development opportunities in mountain territories:**

**Forest therapy experiences in the region of Friuli Venezia Giulia**

12:40 – 13:00 **Assoc. prof. Aleksandar Racz, Ph.D., M.D.** University of Applied Science, Zagreb, Croatia

**Forest therapy from evidence based medicine perspective**

13:00 – 13:30 Discussions

**13:30 Lunch**