



## **2. CROATIAN CONGRESS ON FOREST THERAPY**

**Vukovar, Hotel Lav, February 20 and 21, 2023.**

### **FOREST WELLNESS IN THE CROATIAN TOURIST OFFER**

**February 20, 2023**

**9:00 – 10:00 registration of participants**

**Moderator of the Congress: Lidija Hanell**

**10:00 Opening ceremony and welcome speeches:**

**representative of the Croatian Tourist Board**

**representative of the University of Applied Health Science, Zagreb**

**representative of the Ministry of Agriculture and Forestry**

**representative of the Ministry of Tourism and Sports**

**Plenary presentations:**

**10:30 – 11:00 Iwao Uehara - Case study and effects of forest therapy - Possibility in Croatia and Europe**

**11:00 – 11: 20 Won Sop Shin – The current association and future of forest therapy practice and research in Korea**

**11:20 – 11: 40 Gisela Immich - Evidence - based research on the effect of forest therapy in Germany**

**11:40 - 12: 00 Gorana Isailović - Development of forest wellness in Southeast Europe**

**12:00 – 12: 30 Tomislav Dubravec - Forests in the Republic of Croatia - A gift and obligation / Spačvan basin, in the past, present and future**

**12:30 – 14: 00 lunch**

**14:00 – 14: 20 M.Z.Karagulle - Why and how forests affect human health**

**14:20 – 14:40 Jelena Farkić - Forest wellness education: The case of summer school of wellness in Ljubljana, Slovenia**

**14:40 – 15.00 Martina Zorić - BVOCs role in Forest Therapy**

**15:00 – 15.30 Melanie Smith**

**15:30 – 16:00 coffee break**

**16.00– 17.30 panel discussion**

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**Moderator: Goran Rihelj**

**Participants: Majda Jakša, Marina Sekulić, Darko Vukelić, Gorana Isailović, Iwao Uehara**

**February 21, 2023**

**9:00 – 9:30 Vaishnavi Viswanathan - Importance of Forest Therapy for Corporate Leaders**

**9:30 – 9:50 Dijana Vuletić- Recognition, assessment and management of forest ecosystem services**

**9:50 – 10:10 Darija Cviki - The need for institutionalization of forest therapy tourism practices**

**10:10 – 10:30 Aleksandar Racz – Forest therapy from evidence based medicine perspective**

**10:30 – 10:50 coffee break**

**10:50 – 11:10 Stefano Ravelli**

**11:10 – 11:30 TESAF Department, University of Padova**

**11:30 – 12:00 Pavao Dragičević - The choice of poisonous plants and the effect of active substances on human health**

**12:30 – 14:00 lunch**

**14:00 – 17:00 Guided forest therapy walk in Otočki Virovi**